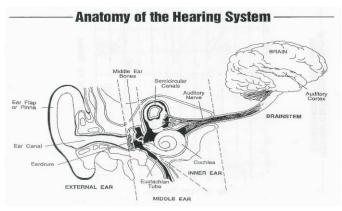
#### **Parent Education Handout: Number 3**

# **Types of Hearing Loss**

## **How Hearing Works:**

The ear has three parts: outer, middle and inner. Sound enters the ear through the ear canal (part of the outer ear), hits the eardrum (beginning of the middle ear) and shakes the three bones in the middle ear. These vibrations cause fluid in



the inner ear to move, stimulating hair cells in the cochlea (the inner ear). The stimulated cells send impulses to the auditory nerve which finally reach the brain. Problems in any part of the ear can cause hearing loss. Types and degrees of hearing loss vary.

#### **Conductive Hearing Loss:**

If there is a problem in the outer or middle ear, sound is not being conducted properly to the inner ear. Common causes of conductive hearing loss are excessive cerumen (ear wax), fluid in the middle ear, a punctured ear drum, ear infection, birth defects or genetics. Many types of conductive hearing loss can be treated medically or surgically, though sometimes a conductive hearing loss is permanent.

#### **Sensorineural Hearing Loss:**

When there is a problem with the inner ear, it is difficult for sound to reach the auditory nerve and the brain. Common causes of sensorineural hearing loss are pre-natal and birth related problems, heredity, medications, viral and bacterial infections, trauma, exposure to loud noise and aging. Sensorineural hearing loss cannot be cured medically, but the use of hearing aids or other amplification systems can help children hear and develop speech and language.

#### **Mixed Hearing Loss:**

Mixed hearing loss is a combination of both conductive and sensorineural hearing loss, involving both the middle and inner ear. An example of a mixed loss is when a child has a sensorineural hearing loss and an ear infection with fluid in the middle ear or impacted wax in the outer ear, at the same time. This will cause the original hearing loss to become worse. Another example of mixed hearing loss is when a child could have a permanent conductive hearing loss due to a birth defect or syndrome along with a sensorineural hearing loss, resulting in a mixed hearing loss.







Some Other Terms You Will Need to Know:

- Unilateral Hearing Loss
  (UHL) occurs in only one
  ear. It can be conductive,
  sensorineural or mixed.
  Although a child with UHL
  has good hearing in one
  ear, they will have
  difficulty knowing where
  sound comes from,
  hearing in noisy
  environments and hearing
  on the affected side. A
  hearing aid can be worn
  on the ear with the loss.
- Bilateral Hearing Loss
  occurs in both ears, it can
  be different types of
  severity in each ear.
- Progressive Hearing Loss is when a child loses their hearing over time. A baby may pass their new- born hearing screen but that does not ensure they will always have normal hearing. This loss can be conductive, sensorineural or mixed.
- Fluctuating Hearing Loss is one that changes frequently by improving or worsening. An example of this is when a child has fluid in the middle ear, caused by a cold or infection, the hearing improves when the fluid is resolved.

### References

- Hearing Loss Facts and Statistics PDF Format
- <u>Types of Hearing Loss</u> BabyHearing.org
- Mixed Hearing Loss

#### Resources

- National Center for Hearing Assessment and Management at Utah State University
- Boys Town National Research Hospital
- BabyHearing.org
- American Speech-Language-Hearing Association

Comprehensive Service Center for People who are Deaf, Hard of Hearing, or Deaf-Blind, Ohana Program 1953 S. Beretania Street, Ste 5A, Honolulu, HI 96826, (808) 369-0499 phone, (808) 447-2044 videophone, <a href="mailto:csc-hawaii.org">csc@csc-hawaii.org</a>, <a href="mailto:www.csc-hawaii.org">www.csc-hawaii.org</a>.